



MANOR HOUSE HEALTH AND SAFETY

First Aid Appointed Person

Course Duration	Half Day (This course includes practical sessions and role play, delegates must be able to participate in all aspects of the course)
Who will Benefit	Anyone, either to support the qualified first aider, or to simply raise their general first aid awareness. Can be delivered to members of the general public to give them a basic understanding of emergency first aid
Relevant Legislation	The Health and Safety at Work etc Act 1974 The Management of Health and Safety at Work Regulations 1999 Health and Safety (First Aid) Regulations 1981
Course Objectives	To ensure that the delegates are trained in the basics of :- Aims and principles of first aid Dealing with hazards, DR ABC The unconscious patient Recovery position, Mouth to mouth, CPR Basic wound dressing The First Aid box and its contents Treatment of burns and scalds The stemming of bleeding Fractures Shock Other emergency situations
Maximum Number of Delegates	10 is the maximum with one trainer, greater numbers can be arranged if required

This course can be held at our offices, your premises, or at any other suitable venue to be agreed. Premises need to have a mains electricity supply, comfortable seating for all delegates, and suitable open floor areas for the practical aspects.