



MANOR HOUSE HEALTH AND SAFETY

Basic Life Support

Course Duration	Two hours (This course includes practical sessions and role play, delegates must be able to participate in all aspects of the course)
Who will Benefit	Anyone who wishes to be able to be able to recognize the signs and symptoms of cardiac arrest
Relevant Legislation	NA
Course Objectives	To ensure that the delegates are trained in the basics of :- The unconscious patient Recovery position, Mouth to mouth, CPR
Maximum Number of Delegates	10 is the maximum with one trainer, greater numbers can be arranged if required

This course can be held at our offices, your premises, or at any other suitable venue to be agreed. Premises need to have a mains electricity supply, comfortable seating for all delegates, and suitable open floor areas for the practical aspects.