



MANOR HOUSE HEALTH AND SAFETY

Safe Working at Height

Course Duration	Half Day
Who will Benefit	Anyone who has to work off the ground. Includes using steps, ladders, towers.
Relevant Legislation	The Health and Safety at Work etc Act 1974 The Management of Health and Safety at Work Regulations 1999 Provision and Use of Work Equipment Regulations 1998 Lifting Operations & Lifting Equipment Regulations 1998 Work at Heights Regulations 2005 Personal Protective Equipment at Work Regulations 1992
Course Objectives	To ensure that delegates have a working understanding of the legal requirements of the Work at Height Regulations, to understand the nature of working at height, and hazards and risks posed by it To ensure that all delegates understand the basics of risk assessment in relation to work at height. To ensure that all delegates are able to formulate safe systems of works when working at heights . To ensure all delegates understand the hazards of using, the limitations of, and checking procedures of steps and ladders.
Maximum Number of Delegates	20 depending upon room size

Premises need to have a mains electricity supply, comfortable seating for all delegates.